

MATT BLAIS

IN SHADOW AND LIGHT

DUE JUNE 21, 2019

ABOUT

On *In Shadow and Light*, roots-rock troubadour Matt Blais goes in search of authenticity in an increasingly deceptive world. With standout opener, “Everything Connected,” Blais sets the tone for his third full-length and first album in six years, musing on technology’s effect on social isolation amidst a whirl of toe-tapping harmonica riffs. Weaving heavy blues influences (“Shotgun Kiss”), rock ‘n’ pop hooks (“Fool’s Gold”), slithering atmospherics (“Slave to Skin”), and twangy flourishes (“Set Me Free”)—all with his sit-up-and-listen harmonica work and belting vocals throughout—he reveals his chops as a chameleonic songwriter. An album about the duality of man and disconnecting in order to reconnect, the album features nine of Blais’ strongest songs to date, illuminating within them the light that is found in the darkness.

TRACK LISTING

01. Everything Connected
02. Slave to Skin
03. Fool’s Gold
04. Shotgun Kiss
05. The Devil Wins Again
06. Set Me Free
07. Give a Little More
08. Love Together
09. Along for the Ride

CONTRIBUTORS

- Producers:
- Brian Moncarz
(Our Lady Peace, The Trews)
 - Josh Gwilliam
(George Canyon)
- Guitarists:
- Jimmy Boskill (The Sheepdogs)
 - Russell Broom (Jann Arden)

HIGHLIGHTS

- Male Artist of the Year (2018)
YYC Music Awards
- WayneStock (2019)
- Stampede Coca-Cola Stage (2018)
- Big Valley Jamboree (2018)
- JUNOfest (2018)
- Big Winter Classic (2016)
- Canadian Music Week (2016)

PRESS

- Video premiere for ‘Everything Connected’ via The Spill Magazine in 2019.
- Calgary Herald feature in 2013 with Mike Bell writing: “crowds have shown him a great deal of love over the past several years, with Blais and band packing rooms across the Prairies.”
- Positive review for 2013 album *The Heartbeat* with BeatRoute touting it “a catalogue of material that is both emotive and relatable.”
- Positive review from Blues Rock Review in 2013, hailing *The Heartbeat* as “a hearty helping of serious rock with just enough of a swaggered twist to keep it fresh and relevant.”

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